# **Tech Article**

- Protect Your
- Veterinary
- Endoscopes:
  Key Pre-Cleaning
  Steps for Durability
  and Safety
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For external cleaning, a specialized endoscope sponge is the best choice



The Spec Clean Endoscope Sponge is soft yet highly effective at removing visible organic material from the instrument's surface without damaging its delicate components



Endoscopes are critical tools for diagnosing and treating various animal health conditions. These advanced instruments offer a clear view of internal structures, enabling precise treatment and diagnosis. However, their effectiveness and longevity rely heavily on proper care, particularly precleaning. Adhering to thorough pre-cleaning routines not only helps prevent infections but also prolongs the life of these expensive devices, ensuring they stay in top working condition. This guide provides veterinary professionals with essential tips on pre-cleaning best practices, highlighting specialized products that ensure your endoscopes are always ready for use.

# Why Pre-Cleaning is Vital

Immediately pre-cleaning endoscopes after use is essential to prevent the development of biofilm—a tough, bacteria-laden layer that can form if organic material isn't quickly removed. In veterinary medicine, where procedures often involve exposure to diverse biological materials, the risk of biofilm buildup is substantial. Veterinary endoscopes are often used in more complex and varied conditions than in human medicine, making efficient pre-cleaning even more critical. Removing organic materials like blood, tissue, and fluids promptly ensures the continued functionality and safety of your instruments.

If debris is left to dry on the surface or in the channels of the endoscope, it can become a breeding ground for harmful bacteria, increasing the risk of infection and making the cleaning process much harder. Over time, neglecting proper cleaning can lead to instrument damage, reducing its lifespan and effectiveness. Therefore, a thorough pre-cleaning routine is crucial to supporting the reliability of your veterinary equipment.

### **Best Pre-Cleaning Practices for Veterinary Endoscopes**

#### 1. Start Pre-Cleaning Immediately After Use

It is critical to begin pre-cleaning as soon as the endoscope leaves the patient. Acting quickly prevents organic matter from drying and becoming more challenging to remove. High-quality enzymatic detergents can make this essential first step faster and more efficient, reducing the chance of damage from tough scrubbing later.

# 2. Wipe the Exterior with a Spec Clean™ Endoscope Sponge

For external cleaning, a specialized endoscope sponge is the best choice. Designed for flexible or rigid endoscopes, this soft yet highly effective sponge removes visible organic material from the instrument's surface without damaging its delicate components. Its absorbent nature makes it an excellent tool for wiping away fluids and debris.

### 3. Perform Leak Testing Before Cleaning

Before immersing the endoscope in water, conduct a leak test on the endoscope. This test helps detect any minor breaches, such as cracks or holes, in the device's casing or channels. Finding leaks early prevents fluids from entering the internal components during internal channel cleaning, which could result in further damage or contamination.

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Cleaning the endoscope's internal channels is just as important as cleaning the exterior



Spec Clean Enzymatic Detergents work quickly, ideal for fast-paced veterinary environments where immediate cleaning is needed

By ensuring your endoscope is leak-free, you not only protect its functionality but also avoid expensive repairs.

## 4. Clean Inside the Endoscope Channels

Cleaning the endoscope's internal channels is just as important as cleaning the exterior. These channels often harbor organic matter and microorganisms, which, if left untreated, could compromise the equipment's performance and safety. Using specific cleaning brushes and enzymatic detergents designed for internal cleaning ensures that these critical areas are thoroughly cleaned.

5. Use Spec Clean™ Quad Enzymatic Detergent for Effective Cleaning
Use an enzymatic detergent for internal cleaning. Formulated to break
down proteins, fats, and carbohydrates from organic residues, enzymatic
detergents are highly effective for thorough cleaning. Spec Clean Enzymatic
Detergents work quickly, ideal for fast-paced veterinary environments
where immediate cleaning is needed. They penetrate at the molecular level,
ensuring that even the smallest contaminants are eliminated, which reduces
the risk of biofilm formation.

# 6. Follow Manufacturer Instructions Carefully

Each endoscope model comes with its own cleaning instructions, and it's vital to adhere to them. Manufacturers design these guidelines based on testing to ensure that your cleaning process is both safe and effective. Following these guidelines protects your equipment and ensures compatibility with cleaning products, preventing costly mistakes.

### Conclusion

Ensuring veterinary endoscopes are meticulously cleaned with a focus on pre-cleaning is key to the health of your patients and the longevity of your equipment. Incorporating these best practices and using specialized products like the Spec Clean™ cleaning solutions will minimize infection risks, support the functionality of your instruments, and provide the best care for animals.

### **About the Author:**

Melissa Benkert is Account Manager for MicroCare Medical specializing in cleaning and infection control fluids for the veterinary industry.

For more information, visit microcare.com/vet.



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